



PTA Newsletter Article

International Walk to School Month in October

Walking to school is one of the best ways to promote health, activity and a safer, more economically friendly environment. This October, you can join students, teachers and parents all over the world by walking or biking to school. October is International Walk to School Month, and with it, the Utah Department of Transportation's Student Neighborhood Access Program (SNAP)TM wants to make sure students are safe while doing it.

Students can be safe when walking and biking to school by doing the following:

- Wearing bright clothes
- Looking right, then left, then right again when crossing a street
- Crossing only at crosswalks
- Walking with a buddy or group
- Following the safest routes on the school's SNAP map

When more students walk or bike safely to school, not only is their health better, but the entire community benefits – there aren't as many cars around the school, which means cleaner air and fewer pedestrian/vehicle accidents.

More information about SNAP, including helpful tips, is available at www.udot.utah.gov/SNAPParents. Contact the school for your child's safe route map.